

NU PURA

Intensivos de Verano/ Summer Intensives '24

Ronda de San Pau 13

Barcelona



Throughout the year we are under a routine, summer is here to give us a chance to break that and explore newer areas of dance and music. Give your creative buds a chance to bloom in different directions and who knows, you might discover another hidden talent of yours!

This summer Nupura has come up with a very interesting package of summer courses for you to try and explore and mind you, each course will add to a new definition in your body expression, will open your minds, it will be more than just an experience. I encourage you all to go take this opportunity, and contact administration for further clarifications!

All the best and let us combat the summer heat through meaningful activities diving into the ocean of art and culture!

Durante todo el año estamos bajo una rutina, el verano está aquí para darnos la oportunidad de romper con eso y explorar áreas más nuevas de la danza y la música. Dale a tu creatividad la oportunidad de florecer en diferentes direcciones y, quién sabe, ¡quizás descubras otro talento tuyo oculto!

Este verano Nupura ha creado un programa muy interesante de cursos de verano para que pruebes, explores y ojo, cada curso agregará una nueva definición a tu expresión corporal, abrirá tu mente, será más que solo un experiencia . ¡Os animo a todos que aprovecheis de esta oportunidad y pongáis en contacto con la administración para más aclaraciones! ¡Mucha suerte y que combatamos el calor del verano a través de actividades significativas sumergiéndonos en el océano del arte y la cultura!

- **Shreyashee Nag, Founder**

Nupura Summe Intensive

Kathak- Level 1 and Open

Julio y Agosto



Saturday July 6th

Kathak and Cajon!

12pm to 2:30 pm

Level 1-2 Course

Cajon: a percussion from Africa , Peru has travelled to Spain and is often used in Flamenco dance. How would it be to create the rhythms of Kathak on Cajon and see how the body of the dancers react to it? Come and experience this unique laboratory of dance with percussionist Lucas Balbo and dancer choreographer Shreyashee Nag.

Price: 7 € per student: bizum: 679654537

Saturday July 13th

Kathak-La danza que cuenta historias

12pm to 2 pm

OPEN TO ALL

(Vishnu Vandana, Natwari Tukdas) Price: 27 € (no extra cost for existing students of other courses)

Sábado 6 de julio

Kathak y Cajón!

12 pm a 2.30 pm

Curso de nivel 1-2

Cajón es una percusión de África, Perú, ha viajado a España y se utiliza a menudo en el baile flamenco. ¿Cómo sería crear los ritmos de Kathak en cajón y ver cómo reacciona el cuerpo de los bailarines? Ven y experimenta este laboratorio de danza único con el percusionista Lucas Balbo y el bailarín coreógrafo Shreyashee Nag.

Precio: 7 € adicional por alumno: bizum: 679654537 o cash,

Sábado 13 de julio

Kathak-La danza que cuenta historias

12 pm to 2 pm

ABIERTO A TODOS

(Vishnu Vandana, Natwari TukdaES53 0182 7670 4502 0159 4005s)

Precio: 27 € (sin coste adicional para alumnos inscritos en otros cursos)

Nupura Summe Intensive Kathak- Level 1 and Open

Julio y Agosto



Saturday July 20th

Footwork variations n Pirouettes

12pm to 2 pm

OPEN TO ALL

Kathak is characterised by footwork and pirouettes. In this section we will go through varios combinations of footwork and learn different forms of pirouettes

Price: 24 € per student: (no extra cost for existing students of other courses)

Saturday August 3rd

11 to 2 pm

OPEN TO ALL

Natwari Tukdas and New Tihais

Work on movement quality (27 e, no extra cost for existing students of other courses)

Sabado 20 de Julio

Variaciones de Pies y piruetas

12:00 a 14:00 horas

ABIERTO A TODOS

Kathak se caracteriza por el trabajo de pies y las piruetas. En esta sección veremos varias combinaciones de juego de pies y aprenderemos diferentes formas de piruetas.

Precio: 24 € ((sin coste adicional para alumnos inscritos en otros cursos)

Sábado 3 de agosto

11 a 2 pm

ABIERTO A TODOS

Natwari Tukdas y nuevos Tihais

Trabajar en la calidad del movimiento.

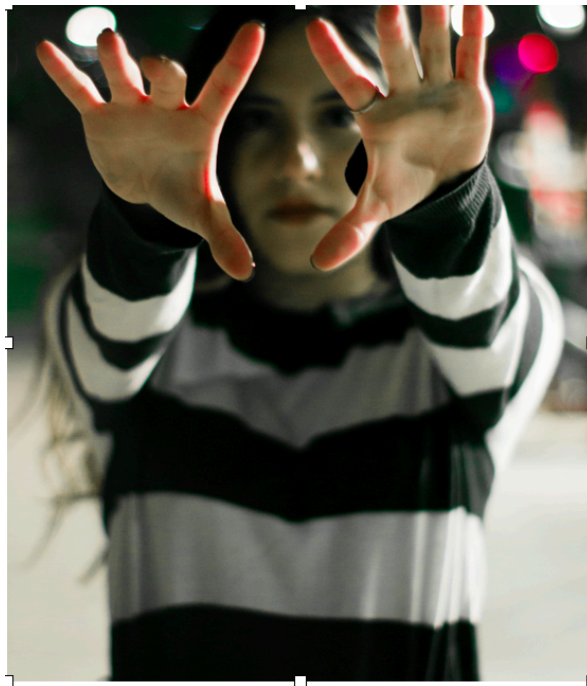
Precio: 24 € (sin coste adicional para alumnos inscritos en otros cursos)

Nupura Summer Intensive

Stretching plus Urban Technique

Body Preparation

Improvisation and Choreography



Stretching

Tuesdays 2/9/16/23 July

7 to 8 pm

Open to all

Cost: 10 e per session (1 class free for current students, more than 1: 5 e)

Urban Technique

-Body Preparation/ Improvisation/

Choreography

Tuesdays 2/16/23 July

8 pm to 9.30 pm

Open to all

Cost: 15 e per class for external (5 e/ class for Nupura students of other courses)

Tuesday 9th July

8 to 9 pm

Bollywood Choreography. Cost: 12 e (no additional cost for existing students of other courses)

Martes 2/9/16/23 de Julio

7 a 8 pm

Abierto a todos

Coste: 10 e /cada clase (1 clase gratuita para alumnos inscritos, mas de 1 clase: 5e)

Técnica Urbana

-Preparación corporal/ Improvisación/

Coreografía

Martes 2/16/23 de Julio

8 pm to 9:30 pm

Abierto a todos

Coste: 15 euros; (5 e /clase , para alumnos existentes de otros cursos)

Martes 9 de julio

8 a 9 pm

Coreografía de Bollywood

Coste: 12 e ((sin coste adicional para alumnos inscritos en otros cursos)

Nupura Summer Intensive

Kathak- Level Advanced

Julio y Agosto



Thursday July 4th

7.30 pm to 9.30 pm.

For year 2 onwards

Content: Jhaptal

Thursday July 11th

7.30 pm to 9.30 pm

For year 2 onwards

Content: Jhaptal

Friday 5th /12th July

5 pm to 7pm

ADVANCED LEVEL (YR 3 ONWARDS)

Content: Movement corrections. Ektaal

Friday August 2nd

5 pm to 7pm

ADVANCED LEVEL (YR 3 ONWARDS)

Content: Movement corrections. Ektaal

Sunday August 11th

10 am to 2 pm

Taller Year 2 onwards

Choreography

Nupura Summer Intensive Kathak- Junior



Kathak Intensive Junior

Saturday 6th July/12/19/26

10:30 am to 12 pm

Dance theatre course

Dance Theatre:

Sunaina's Dream...

A tale through time and space, from Barcelona to India

A dance theatre that travels through time, space and context. Sunaina while dancing in her own birthday party falls unconscious and is transported to another time. She finds herself transported to the mythological times, in the garden of Vrindaban playing with Krishna and Radha. Is that a dream? Or this was Sunaina in her past life?

Sábado 6 de julio/19/12/26

10:30 am a 12 pm

Curso de danza- teatro

Teatro de Danza:

El sueño de Sunaina

Una fabula a través del tiempo y el espacio, de Barcelona a la India

Un teatro de danza que viaja a través del tiempo, el espacio y el contexto. Sunaina mientras baila en su propia fiesta de cumpleaños cae inconsciente y es transportada a otra época. Se ve transportada a tiempos mitológicos, en el jardín de Vrindaban jugando con Krishna y Radha. ¿Es eso un sueño? ¿O esta era Sunaina en su vida pasada?

Nupura Summer Intensive

Pre teens



Preteens Course:

Saturdays 6th/ 13/20th/27th

12.45-1.45 pm

A special choreography, part of the theatre production: **Sunaina's dream**. This will be staged in December! (Ref to previous page)

Additionally the older students (10 to 15 yrs) of this group can join Tuesday classes on bollywood/ urban dance to improve their dance skills.

(5 e per class on Tuesdays)

Please contact admin for more information

Sábados 6/ 13/20/27

12.45-1.45 pm

Una coreografía especial, parte de la producción teatral: **"El sueño de Sunaina"** (Ref. pagina anterior)

¡Esto se realizará en el escenario en diciembre!

Además, los estudiantes mayores de este grupo (10 a 15 años) pueden unirse a las clases de los martes

de bollywood/danza urbana para mejorar sus habilidades de baile.

(5 e por clase los martes)

Por favor contacte al administrador para más información

Nupura Summer Intensive Indian Theatre

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The Barcelona Bombay Theatre Project

FIRST TIME IN SPAIN

MERIKAHANI

INTRODUCTION TO ACTING &
STORYTELLING

A Beginner's workshop exclusively
created by Indian filmmaker
Aditya Bhattacharya

Followed by weekly classes (soon)



The Bombay Barcelona Project by Aditya Bhattacharya

Our first workshop “**Meri Kahani**”- ‘Discovering Your Voice’ with **Aditya Bhattacharya** - is aimed at beginners who are curious about Cinema, Theatre, Acting and Story-telling and feel that they have the potential to participate in one of these fields.

Over three decades Aditya has acted opposite the late **Smita Patil**, and directed: a young **Aamir Khan** in his first starring role, **Irrfan Khan** in his very first lead in an Indian film, **Pankaj Kapur** in a National Award winning performance, **Sarita Choudhary**, **Jaaved Jafferri**, **Vijay Raaz**, **Adil Hussain**, **Kunal Nayyar** and many others. As an actor, he has been

directed by by **Shyam Benegal**, **Sudhir Mishra** and **Anurag Kashyap** and performed in many plays before that at the historic **Prithvi Theatre** in Mumbai.

In recent years, Aditya has been a Chief Creative Consultant to Companies like, **Ananda Bazar Patrika**, **Culture Machine** and **Creatigo**,

He is the son of renowned filmmaker Basu Bhattacharya and grandson of the legendary Bimal Roy.

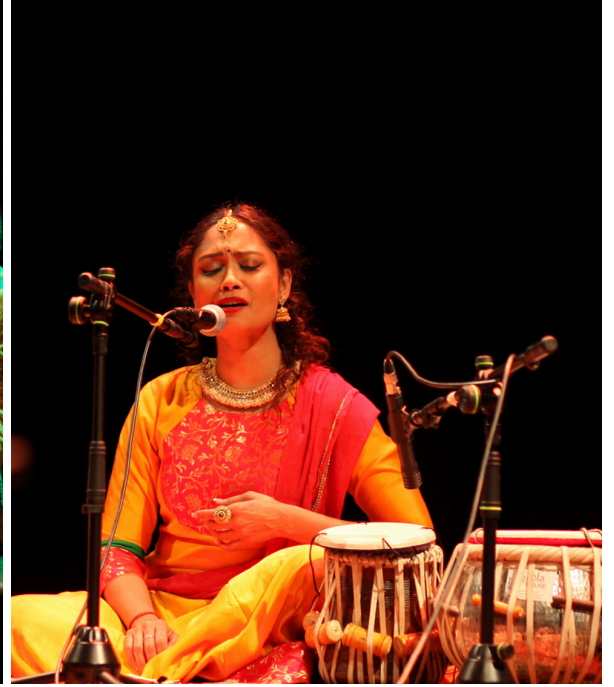
Sunday 7th July

5 to 7 pm

Language: English/ Hindi

Price: 40 e (25% discount for Nupura students)

Nupura Summer Intensive Vocal



Vocal Intensive for Beginners

Fridays July 4th/11/18/25

7 pm to 8 pm

OPEN TO ALL

Cost: 15 e per class or 45 e 4 classes

(1 class free, 5 e per class for Nupura Students)

no extra coste applies for existing vocal students in case they want to attend

Course focused on working on a series of vocal exercises to train ones voice

Special emphasis on understanding of rhythm

Raag Bhopali y Bandish

Intensivo vocal para principiantes

Viernes 4/11/18/25 de julio

7 pm a 8 pm

ABIERTO A TODOS

Coste: 15 e por clase o 45 e / mes

(1 clase gratuita, 5e por clase para estudiantes de Nupura)

no se aplica ningún costo adicional para estudiantes de canto inscritos.

Curso enfocado a trabajar una serie de ejercicios vocales para entrenar la voz.

Especial énfasis en la comprensión del ritmo.

Raag Bhopali y Bandish (canto de Raaga)

Nupura Summer Intensive Bharanatyam



Bharatnatyam Intensive

Wednesday 3rd July

6.30 pm -7.30 pm

Taller Basico Nivel Abierto

Cost: 15 e

7.30 pm-9 pm

Level 2

no extra cost applies for existing students
of other courses

Wednesday 10 th July

7.30 pm-9 pm

Level 2

Miércoles 3 de de julio

6.30 to 7.30 pm

Taller Básico Nivel Abierto

Coste: 15€

7.30 pm-9 pm

Nivel 2

(sin coste adicional para alumnos inscritos
en otros cursos)

Miércoles 10 de julio

7.30 pm-9 pm

Nivel 2

Nupura Summer Intensive Heels



Heels:

Thursday 4th July

7.30 pm to 8.30 pm

Technique and Choreography

12 e drop in class

Thursday 11th July

7.30 pm to 9 pm

Video Class

Technique and Choreography
and Video

18 e drop by class

Jueves 4 de julio

19.30 a 20.30 h

Técnica y Coreografía

12 e classe suelta

Jueves 11 de julio

19.30 a 21.00 horas

Clase de vídeo

Técnica y Coreografía y Vídeo

18 e classe suelta

NUPURA

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Please note :

1. All students of Kathak, Kathak Junior n kids, Bharatnatyam and Bollywood modern and Hip Hop, Heels pay their normal monthly fees for month of July. Vocal students and Kathak Students (adults) pay August too irrespective of their being away holidays or not as they Monday classes as extra classes, plus they have had months of orientation too!
2. All existing students of Nupura can do any open course of other courses, the class with Cajon's an additional 7 e, please u go through this document and contact ADMIN n case of doubts.
3. Open courses are for people from outside to try the courses, please contact admin in case of doubts
4. Stretching course: highly recommended for all!!!!

Contact admin WhatsApp:

634 176 328: por las tardes a partir de 18h,
hasta 21h

Tenga en cuenta:

- Todos los estudiantes de Kathak, Kathak Junior n kids, Bharatnatyam y Bollywood moderno moderno, Hip Hop y Heels y canto pagan sus tarifas mensuales normales por mes de julio. Los alumnos adultos de kathak y (de canto) pagan Agosto independientemente de que estén fuera de vacaciones ya que han estado tomando clases extras los lunes más clases de orientación.
2. Todos los estudiantes inscritos de Nupura pueden hacer cualquier curso abierto de otra clase, excepto la clase con Cajon que son 7e adicionales, , preguntad a admin en caso de dudas.
 3. Los cursos abiertos están programados para que la gente de fuera puedan asistir. Preguntad a admin para aclaraciones.
 - 4, Curso de "Stretching" muy recomendable para todos!

Contacto administrador WhatsApp:

634 176 328: por las tardes a partir de las 18h
hasta las 21h